



## Choosing Life after Loss (a sacred journey of transformation..healing the pain of grief and sorrow)

**April 6** (9:00a.m. to 6:00 p.m.)

**April 7** (9:00a.m.to 5:00p.m.)

*Absolutely no experienced needed and all art  
materials will be provided.*

*Loss comes in many forms, healing  
takes courage and is possible through  
this creative process.*

*Intentional Creativity Teacher and Coach, Uma Joy, offers this workshop  
to anyone, seeking a place to connect with their experiences and move the  
pained sorrow into a painting portal where healing can happen.*

***In this 2 day workshop using  
Intentional Creativity, you will be held  
in a sacred container to explore and  
transform your story of grief into a  
personal painting from your HEART.***

***Location: SE Portland - Uma Joys  
Private Studio - location upon  
registration***

***Price \$225 -  
early bird special by Mar 10...\$200  
(or sign up with a friend and pay \$390) - No one  
turned away for lack of funds.***



### UMA JOY HEALING ART

Simply Pre-Register to save your space: Call Uma Joy (208) 315.3777



umajoyhealingart@gmail.com • www.umajoyhealingart.com

